



**KENYAN RITE**  
**PROPER 9 | July 5, 2020**

**PRELUDE**

**PROCESSIONAL HYMN | “Better is One Day”**

1. How lovely is Your dwelling place  
O Lord almighty  
For my soul longs and even faints for You  
For here my heart is satisfied  
Within Your presence  
I sing beneath the shadow of Your wings

*Better is one day in Your courts  
Better is one day in Your house  
Better is one day in Your courts  
Than thousands elsewhere  
(Than thousands elsewhere)*

2. One thing I ask and I would seek  
To see Your beauty  
To find You in the place  
Your glory dwells

My heart and flesh cry out  
For You the living God  
Your Spirit's water to my soul  
I've tasted and I've seen  
Come once again to me  
I will draw near to You  
I will draw near to You

*WORDS & MUSIC: Matt Redman © 1995 Thankyou Music*

## THE OPENING PRAYER

*Celebrant* The Lord be with you;  
*People* And also with you.

*Celebrant* The earth is the Lord's and all that is in it:  
*People* Let the heavens rejoice and the earth be glad.

*Celebrant* I was glad when they said to me:  
*People* Let us go to the house of the Lord.

*Celebrant* Praise the Lord:  
*People* The name of the Lord be praised.

*Celebrant* Let us pray *Nnenko Akpan, leader*

O God, you have taught us to keep all your  
commandments by loving you and our neighbor:  
Grant us the grace of your Holy Spirit,  
that we may be devoted to you with our whole heart,  
and united to one another with pure affection;  
through Jesus Christ our Lord, who lives and reigns with you and  
the  
Holy Spirit, one God, for ever and ever. *Amen.*

## THE GLORIA

*The congregation reads the bold responses*

*Celebrant* We stand to glorify the Lord!

Glory to the Father!  
Glory to the Son!

Glory to the Spirit!  
For ever Three in One!

Be glorified at home!  
Be glorified in church!

Be glorified in Kenya!  
Be glorified in Africa!

Be glorified in New York!  
Be glorified in America!

Be glorified on earth!  
**Be glorified in heaven!**

Glory to the Father!  
**Glory to the Son!**

Glory to the Spirit!  
**For ever Three in One!**

Hallelujah!  
**Amen!**

## **THE PEACE**

*Celebrant*     The peace of the Lord be always with you.  
*People*         And also with you.

## **WELCOME & ANNOUNCEMENTS**

**THE FIRST READING | Romans 7: 15 - 25a**  
*reader*

*Isizah Black,*

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me.

For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

**THE RESPONSE | Psalm 145: 8-15 *Exaltabo te, Deus***  
*The Reader and People pray responsively*

The Lord is gracious and full of compassion,  
slow to anger and of great kindness.

**The Lord is loving to everyone  
and his compassion is over all his works.**

All your works praise you, O Lord,  
and your faithful servants bless you.

**They make known the glory of your kingdom  
and speak of your power;**

That the peoples may know of your power  
and the glorious splendor of your kingdom.

**Your kingdom is an everlasting kingdom;  
your dominion endures throughout all ages.**

The Lord is faithful in all his words  
and merciful in all his deeds.

**The Lord upholds all those who fall;  
he lifts up those who are bowed down.**

## GRADUAL HYMN | “Oh How I Love Jesus”

1. There is a Name I love to hear,  
I love to sing its worth;  
It sounds like music in mine ear,  
The sweetest Name on earth.

### Refrain

*Oh, how I love Jesus,  
Oh, how I love Jesus,  
Oh, how I love Jesus,  
Because He first loved me!*

2. It tells me of a Savior’s love,  
Who died to set me free;  
It tells me of His precious blood,  
The sinner’s perfect plea.

3. It tells me what my Maker hath  
In store for every day,  
And tho’ I tread a darksome path,  
Yields sunshine all the way.

5. It tells of One whose loving heart  
Can feel my deepest woe;  
Who in each sorrow bears a part  
That none can bear below.

*WORDS & MUSIC: Frederick Whitfield PUBLIC DOMAIN*

## THE GOSPEL READING | Matthew 11: 16-19, 25-30

*Minister*      The Holy Gospel of our Lord Jesus Christ according to John  
*People*        Glory to you, Lord Christ.

“But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

‘We played the flute for you, and you did not dance;  
we wailed, and you did not mourn.’

For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy, and my burden is light.”

*Minister*    The Gospel of the Lord.  
*People*       Praise to you, Lord Christ.

SERMON | “Finding Rest for Our Weary Souls”

*Jordan Wesley*

## THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,

begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
    he came down from heaven:  
by the power of the Holy Spirit  
    he became incarnate from the Virgin Mary,  
    and was made man.  
For our sake he was crucified under Pontius Pilate;  
    he suffered death and was buried.  
On the third day he rose again  
    in accordance with the Scriptures;  
    he ascended into heaven  
    and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
    and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
    who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
    and the life of the world to come. Amen.

## CONFESSION AND ABSOLUTION

Hear the words of challenge and comfort,  
our Savior Christ says to all who follow him.

Come unto me, all who are tired of carrying your heavy loads,  
and I will give you rest.

So, all of you who repent of your sins,  
who love your neighbors, and intend to live a new life following the way of Jesus,  
come with faith and take this holy sacrament to strengthen you.

Let us reverently confess our sins to Almighty God.

**Almighty God, Creator of all, you marvelously made us in your image; but we have corrupted ourselves and damaged your likeness by rejecting your love and hurting our neighbors. We have done wrong and neglected to do right. We are sincerely sorry and heartily repent of our sins. Cleanse us and forgive us by the sacrifice of your Son; remake us and lead us by your Spirit, the Comforter. We ask this through Jesus Christ our Lord. Amen.**

Almighty God, whose steadfast love is as great as the heavens are high above the earth, remove your sins from you, as far as the east is from the west, strengthen your life in his kingdom and keep you upright to the last day; through Jesus Christ, our merciful High Priest. Amen.

**Thank you, Father, for forgiveness. We come to your table as your children, not presuming but assured, not trusting ourselves but your Word; we hunger and thirst for righteousness, and ask for our hearts to be satisfied with the body and blood of your Son, Jesus Christ the righteous. Amen.**

#### OFFERTORY SENTENCE

#### OFFERTORY | “The New York Blessing”

*Special Video Presentation*

The Lord bless you  
And keep you  
Make His face shine upon you  
And be gracious to you  
The Lord turn His  
Face toward you  
And give you peace

*Amen, amen, amen*

May His favor be upon you  
And a thousand generations  
And your family and your children  
And their children, and their children

May His presence go before you  
And behind you, and beside you  
All around you, and within you  
He is with you, He is with you

In the morning, in the evening  
In your coming, and your going  
In your weeping, and rejoicing  
He is for you, He is for you

*WORDS & MUSIC: Chris Brown, Cody Carnes, Kari Jobe and Steven Furtick © 2020 Capitol CMG Paragon | Kari Jobe Carnes Music | Worship Together Music | Writer's Roof Publishing | Music by Elevation Worship Publishing*

## DOXOLOGY | "Come to the Feast"

8 Praise God from whom all bless-ings flow. Praise him, all crea-tures  
13 here be - low. Praise him a - bove, ye heav - 'nly  
19 host. Praise Fa - ther, Son and Ho - ly Ghost.  
23 Come to the ta - - - ble, come to the  
29 feast. All are in - vi - ted, great - est to  
35 least. Sins have been par - doned, di - vis - ions have  
41 ceased. Come to the ta - ble, come to the  
feast, come to the feast.

*MUSIC: (from Community Mass) Ronald Melrose.*

## THE GREAT THANKSGIVING

*Celebrant* Is the Father with us?  
*People* He is.

*Celebrant* Is Christ among us?  
*People* He is.

*Celebrant* Is the Spirit here?  
*People* He is.

*Celebrant* This is our God:  
*People* Father, Son and Holy Spirit.

*Celebrant* We are his people:  
*People* We are redeemed.

*Celebrant* Lift up your hearts:  
*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God:  
*People* It is right to give him thanks and praise.

It is right and our delight to give you thanks and praise, Holy Father, living God, supreme over the world, Creator, Provider, Saviour and Giver. From a wandering nomad you created your family; for a burdened people you raised up a leader; for a confused nation you chose a king; for a rebellious crowd you sent your prophets. In these last days you have sent us your Son, your perfect image, bringing your kingdom, revealing your will, dying, rising, reigning, remaking your people for yourself. Through him you have poured out your Holy Spirit, filling us with light and life.

Therefore with angels, archangels, and all in heaven, we proclaim your great and glorious name, forever praising you and singing:

## SANCTUS

Ho - ly, Ho - ly, Ho - ly Lord, God of the  
 † Bles - sed, bles - sed is He who comes in the  
 po - wer and might Ho - ly, Ho - ly, Ho - ly Lord,  
 name of the Lord. Bles - sed, bles - sed is He who comes  
 God in of pow'r and might. Hea - ven and earth  
 in the name of the Lord. Ho - - - san -  
 are full, full of your glo - - - - - ry.  
 na in the high - - - - - est.  
 Ho - san - na. ho - san - na in the  
 high - - - est. in the high - - - est.  
 Ho - san - na, ho - san - na in the  
 high - - - - - est.

*MUSIC: Danna Witkowski, © 198 Deanna Witkowski/Tilapia Tunes/BMI. All rights reserved.*

Almighty God, Owner of all things, we thank you for giving up your only Son to die on the cross for us who owe you everything. Pour your refreshing Spirit on us as we remember him in the way he commanded. On the same night that he was betrayed he took bread and gave you thanks; he broke it and gave it to his disciples saying, "Take, eat; this is my body which is given for you. Do this in remembrance of me."

In the same way, after supper he took the cup and gave you thanks; he gave it to them saying, "Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this as often as you drink it, in remembrance of me."

**Amen. We are brothers and sisters through his blood. We have died together.  
We will rise together. We will live together.**

Therefore, heavenly Father, hear us as we celebrate this covenant with joy, and await the coming of our Savior, Jesus Christ. He died in our place, making a full atonement for the sins of the whole world, the perfect sacrifice, once and for all. You accepted his offering by raising him from death, and granting him great honor at your right hand on high.

### **THE LORD'S PRAYER**

As Jesus taught us, we now pray,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

*Celebrant* Christ is alive forever and ever.  
*People* We are because he is.

*Celebrant* We are one body:  
*People* We share one bread.

*Celebrant* Draw near with faith:  
*People* Christ is the host and we are his guests.

## PRAYER FOR “SPIRITUAL COMMUNION”

Lord Jesus Christ,  
Since I cannot receive you in Communion this day,  
Come into my mind to illuminate it with your light;  
Come into my heart to enkindle it with the fire of your love.

May your soul sanctify me.  
May your body save me.  
May your blood wash me.  
May your passion strengthen me.  
May your wounds hide me.  
May I never be separated from you.  
And at the hour of my death,  
May you call me and bid me come with you.  
That with your saints,  
I may praise you for ever and ever, Amen.

## CLOSING PRAYER

*Celebrant* Let us pray.

Almighty God, Holy Father, we have sat at your feet,  
learned from your word, and eaten from your table.  
We give you thanks and praise for accepting us into your family.  
Send us out with your blessing, to live and to witness for you in the power of  
your Spirit, through Jesus Christ, the firstborn from the dead. Amen.

## FINAL HYMN | “Soon and Very Soon”

1. Soon and very soon, We are going to see the King  
Soon and very soon, We are going to see the King  
Soon and very soon, We are going to see the King  
Hallelujah! Hallelujah! We're going to see the King

2. No more crying there...

3. No more dying there...

*WORDS & MUSIC: Andraé Crouch © 1971 Bud John Songs, Inc. and Crouch Music Corp.*

## FINAL BLESSING

*Celebrant* All our problems:  
*People* We send to the cross.

*Celebrant* All our difficulties:  
*People* We send to the cross.

*Celebrant* All the devil's works:  
*People* We send to the cross.

*Celebrant* All our hopes:  
*People* We set on the risen Christ.

*Celebrant* May Christ the Sun of Righteousness shine upon you and scatter the darkness from before your path: and the blessing of God Almighty, Father, Son, and Holy Spirit, be among you, and remain with you, always. **Amen.**

## DISMISSAL

*Celebrant* Let us bless the Lord. Alleluia, Alleluia!  
*People* Thanks be to God. Alleluia, Alleluia!

## About today's preacher, Jordan Wesley

Jordan has been a member of the All Angels community since 2011, and served on the Vestry from 2015-2019. She is also the head of our stewardship committee. Through weekly liturgy, house church, parish retreat dance parties and many tears of joy and sorrow, this sacred place has become her home away from her Texas family. She holds an MA in Christian Ministry and an MS in Social Work from Abilene Christian University and has worked for churches and youth development organizations over the past 12 years. Jordan is a wannabe yogi, a devoted herb gardener and a resident of Harlem.

## Musicians Contributing to this Service

### *In person:*

Peter McCulloch, piano & organ  
Carlos Bolanos, percussion

### *Via recording:*

Ashley Puckett-Gonzales, voice  
Bryan Brown, electric guitar  
Jonathan Hanson, piano  
Paul Johnson, voice, guitar &  
percussion  
Peter McCulloch, piano & organ  
Russ Wedelich, bass guitar  
Sam Wedelich, voice  
Steve Belvilus, drums  
Ronald Fleming, drums